

REGISTRY
FILE Medical

3 JUL 1972

Director of Medical Services

1D4060 Headquarters

John:

The attached was on the 30 June memo (DD/S 72-2570) which I sent to the Director with a copy to you. Given his continuing interest, I believe we should have some specifics ready for him upon his return. Perhaps you could target on 11 July in this regard.

STAT

Deputy Director for Support

7D24 Headquarters

STAT

Distribution:

Orig - D/MS w/DCI routing sheet comments on DD/S 72-2570

✓ - DD/S subj w/O DD/S 72-2570

1 - DD/S chrono

DD/S 72-2570: Memo dtd 30 June for DCI fr John W. Coffey re health of employees

DDS:JWCoffey:pao (3 July 72)

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Remarks:

Thank you for this memorandum.

As I believe you are aware, I have two thoughts in mind with respect to overweight employees:

- 1) The effect on their general health.
- 2) The appearance of obese individuals walking the halls.

On this latter point, it is difficult to square the image of a hard-working, energetic organization with individuals who carry around fat bellies.

FOLD HERE TO RETURN TO SENDER

FROM: NAME, ADDRESS AND PHONE NO.		DATE
Richard Helms, DCI		30/6/72

72-3715

DD/S 72-2570

30 JUN 1972


MEMORANDUM FOR: Director of Central Intelligence

Mr. Helms:

This memorandum is for your information.

At a recent Morning Meeting you sharply commented on fat employees. This is to let you know we got the message. I have a paper from John Tietjen which first expresses the medics' appreciation for your and any command support to their efforts to do something about the problem. He does, however, go on to say that, while weight reduction is itself desirable, it is only a part of the picture in cardiovascular disease. There are many other factors and in total there is a lot more they wish they knew.

John's paper suggests there may be some things that can be done to persuade employees to do something for themselves. We hope to have some specifics for you shortly.


John W. Coffey

cc: Deputy Director of Central Intelligence
Director of Medical Services